

Success Coaching with Lillian Coury

Empowering You to Excellence



Fly on the Wings of Success

Lillian Coury, founder of Pegasus Pathways, is a success coach certified by the International Coach Federation. In mythology, Pegasus was the giant, white flying horse who carried heroes to victory in battles with the gods. Like Pegasus, Lillian guides successful leaders like you to victory in your personal and professional lives.

Lillian describes her essence as "a powerful, honest, vulnerable woman." Her diverse business and life experiences allow her to engage a wide range of listeners. Her practical, no-nonsense approach and coaching training help her laser through barriers and smoke screens and get quickly to the heart of business and personal issues.

It is this rare combination of power and vulnerability, caring and practicality, skill and connection, that makes clients quickly love and respect Lillian and audiences lean forward in their chairs when she begins to speak.



"I like her 'just-do-it' approach. She's a good teacher and has the courage to call a spade a spade."

"Lillian's systematic coaching methodology helped me feel that even during the tough times we would somehow move forward."

"Because she is a very compassionate and authentic person, I felt completely comfortable opening up to her and exploring new ways to address my challenges."

"I think Lillian is appropriately serious, yet approachable and human."

"Lillian was truly a partner throughout the process."

"Excellent, spot on honesty and lots of loving."

"If you commit to the process for yourself, she'll help you find that door and walk through it. It'll take work, but you'll never turn back."



Lillian Coury

What's In It For Me?

Somewhere inside, you know there's more...more confidence, more focus, more balance. And in your heart, you know that you've achieved a level of success you're proud of, but your aspirations are even greater, and you're up against your own glass ceiling. Or, you're feeling frustrated, stagnant, bored. Everything looks good from the outside, but there is an ache, a longing, that you can't deny.

Many coaching relationships begin with a precipitating event – perhaps an unexpected change in your career or in an important relationship. Something is disturbing the status quo, something that challenges your sense of self-satisfaction and self-fulfillment. *The coaching process helps you clarify and give voice to the underlying issues that are important to you.*

In Your Customized Coaching Experience You Will...

- ❖ Experience an individualized coaching program designed especially for you and your unique situation and view of success
- ❖ Schedule meetings regularly that are designed to produce specific, positive outcomes in a fixed time frame
- ❖ Enjoy a balanced mix of face-to-face coaching with telephone coaching. Face-to-face coaching sessions force honesty, impose concentration, and provide visual stimuli that can't be captured on the phone.
- ❖ Set parameters for your coaching investment and return on investment
- ❖ Benefit from professional support and partnership
- ❖ Learn and practice self-assessment and self-correction skills so you will always have the tools you need to continue your growth with strength, hope, and confidence

Understanding the Benefits

Working with your coach is a highly collaborative experience. A good coach becomes your objective ally, creating a strong foundation of understanding and trust that will help you build new pathways to the life goals you seek.

Working with a highly trained coach, you will find relief, support, and a new perspective and, you may discover that your vision of success undergoes a dramatic change. Lillian's mission is to turn that vision into meaningful and achievable goals...and to ensure that you realize success.



PEGASUS PATHWAYS

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Regardless of all the successes you may enjoy, if you feel that you are living your life with any limitations and joy can't find the way out – call Lillian!